## Making the mornings marvellous, magical, magnificent or just even manageable!

**How is your house in the morning?** 

**Could things be a little calmer? Happier? Less stressful?** 

Is your morning routine, making things as easy as possible for your child to arrive at school ready to learn?



Join us over two sessions in the hall for a kapu ti and discuss your morning routine – see where you are doing great and where things could be improved with a few simple strategies.

Week 1: we find the gaps and make a plan

Week 2: we feedback, see how it went, and make a plan going forward.



If your whānau runs like clockwork in the morning, we'd still love you to come – you must have some great ideas to share with us!

Thanks to TSB Community trust and BAF, it's FREE. It just takes an hour of your time. So, grab a friend or come alone and make a friend.

If you have little ones with you, they are of course welcome, but we assume you will do your best to provide them with quiet entertainment or some kai to keep them mostly happy.

Date: Wednesday 14<sup>th</sup> and 21<sup>st</sup> August

Time: 8.45 – 9.45 – come at 8.30 to grab a drink

Place: School hall

Facilitated by: Carla Moore (accredited Triple P and Incredible Years

facilitator, M.A. Ed Psych and mother of four)